

21 DAY

*Summer Get-It-Done
Challenge*

Sister
Lee
Love

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Summer Get-It-Done Challenge

Hey, loves! We all need a good reset to refocus and prioritize! I'm going to follow this challenge with you all for the next few weeks, but hopefully you can use this in the future whenever you feel you need a reset.

Step 1: Write down all the projects, tasks, goals you'd like to accomplish (because it is 21 days try to keep it under 4 things)

Step 2: Think through all the steps it takes to complete each task i.e decluttering a closet --> pulling items out, sorting them, setting a time to drop it off to Goodwill or sell it, etc.

Step 3: Think through the time to complete each aspect of the task i.e pulling every item out takes 30 minutes, sorting takes 2 hours , and so on

Step 4: The challenge is 21 days, but for some tasks you may not need the entire time. A closet may be a 2 day project while redecorating a room can take about 10 days. In this step look at your schedule and plug #2 throughout the 21 days - you know yourself so be realistic!



Shakinah is the founder of SisterLee Love. She's a wife, mom, professional, and uses this space to encourage new, seasoned and moms in between, find out who they are

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A series of ten horizontal black arrows pointing to the right, stacked vertically, serving as a checklist or progress indicator.

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Steps to complete

Task/Goal



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Steps to complete

Task/Goal

Four horizontal bars for tracking task completion. Each bar has a colored tab on the left side and a light beige background. The tabs are colored as follows from top to bottom: dark orange, medium brown, light orange, and dark blue.

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Task/Goal

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Step

How long it will take



Step

How long it will take



Step

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21 DAY - WEEK 1

Summer Get-It-Done Challenge

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

21 DAY - WEEK 2

Summer Get-It-Done Challenge

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

21 DAY - WEEK 3

Summer Get-It-Done Challenge

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7